

HEARCARE

Newsletter

WHAT'S YOUR LOVE LANGUAGE?

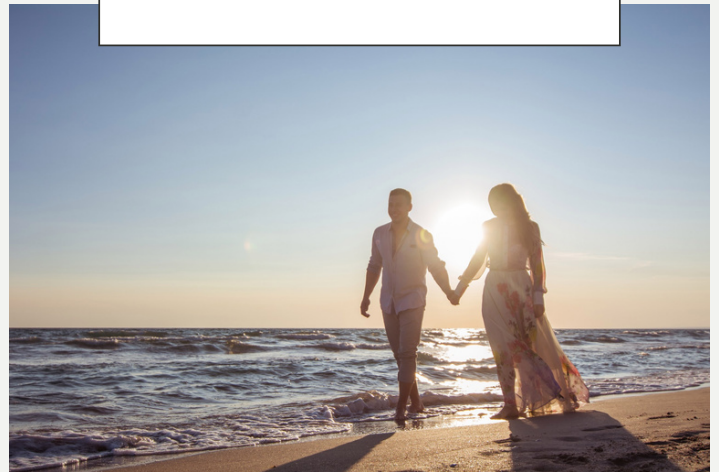
In honor of Valentine's day, we want to talk about love!

Love can have a positive effect on your mood, as it can make you feel connected to someone and can help to increase feelings of contentment, joy, and happiness. It can also help to reduce feelings of loneliness, depression, and anxiety. Research shows that individuals with hearing loss are more likely to feel isolated and depressed. One way to help strengthen feelings of love is to learn to speak your partner's love language.

The five love languages are: words of affirmation, quality time, receiving gifts, acts of service, and physical touch. Each of these five love languages has its own unique way of expressing love and affection. Knowing your partner's love language can help you express your love for them in a way that is meaningful and appreciated.

WHAT'S IN THIS MONTH'S ISSUE:

- Monthly Article
- Dear Dr. HearCare
- Support Local



The 5 Love Languages:

1. Words of Affirmation – expressing your love through verbal compliments, kind words, and expressions of appreciation.
2. Quality Time – dedicating your undivided attention and time to your partner.
3. Receiving Gifts – giving gifts to your partner to show your affection, love, and appreciation.
4. Acts of Service – doing something helpful for your partner, such as running errands, cleaning, or cooking.
5. Physical Touch – expressing your love through physical touch, such as holding hands, cuddling, or kissing.

Which of the love languages does your partner speak?

Write A REVIEW

We want to hear from you! Let us know how your experience with HearCare has impacted your life and share that with others who are looking for their next step on the journey to better hearing.



Give The Gift of Better Hearing



Your donations are needed to help provide hearing devices to wonderful people both locally and globally. Trade in your gently used devices when you upgrade to new technology.

And did you know that a portion of every hearing device purchase through HearCare goes directly to our non profit, Hearing The Call-Sarasota? Getting your best hearing helps someone get theirs too.

Dear Dr. HearCare

DISPOSABLE VS RECHARGEABLE BATTERIES

Wondering if you should make the switch to rechargeable hearing aids? There are many benefits to rechargeable devices. If you haven't made the switch yet, here are 3 reasons to give it a try.

1. Rechargeable batteries are more cost-effective in the long run. No need to continuously purchase disposable batteries. The average cost of batteries is \$60 per year per device. That can add up!
2. Rechargeable batteries are better for the environment. Both the reusability and the manufacturing waste are less than would be generated from disposable batteries—which need to be properly disposed of or recycled. You can drop yours off at a HearCare location!
3. Rechargeable batteries are more powerful and reliable. They can provide more power than standard batteries. You may replace rechargeable batteries every 2 to 3 years compared to disposable batteries, which have to be replaced every 3–7 days.



Most people find rechargeable devices to be easier to use and more convenient. However, you do need a consistent power source for the charger and to remember to charge them each night. If you are still using disposable batteries, talk to your Audiologist about the potential benefits of switching to rechargeable.

Do you have a question we can answer?

Email Dr. HearCare at:

info@myhearcare.com

Business Spotlight

Support Locally Owned Businesses



Music Compound caters to all ages, any level, and all genres. Lessons are available in person or online. Our goal is to turn your musical dream into reality. Our teaching method is holistic and catered to each student.

Music Compound is performances based and offers its members the opportunity to showcase their skills every month on stage. They also offer songwriting workshops and jam sessions for adults wanting to connect with like-minded individuals.



MUSIC COMPOUND
Inspire Collaborate Educate

Call our studio to learn more. 941.379.9100.
Serving Sarasota and Manatee Counties with two locations.